



You can contact us via Facebook:  
LBGTQ+ Seniors of the  
Inland Northwest

Jacki Putnam:  
jacki.putnam@gmail.com

We aim to create community and  
justice for all LBGTQIA+ people.

Our space and events are always a  
safe place for everyone.



Nancy Avery:  
nancytavery@comcast.net



OUR MISSION:

To improve the health and well being of LGBTQ+ seniors. We provide camaraderie, education, support, and advocacy, helping seniors live meaningful lives with dignity and independence. In collaboration with other community groups, we foster inclusivity and supportive relationships that promote well being without regard to age, race, religion, sexual identity, gender identity, or disability.

Join us in friendship. We have three events every month:

- Lunch about town on the 1st Wednesday,
- Potluck luncheon on the 2nd Saturday,
- Coffee and conversation on the 3rd or 4th Tuesday of each month.

Join us in our dances and outdoor potlucks in addition to our monthly events.

Please check our facebook page for exact dates and times as there are exceptions.

We are open to people of all ages and cultures who need a safe space.



Most of our events are held at the Unitarian Universalist Church  
4340 W Fort George Wright Dr.  
Spokane, WA 99224

The church provides use of the space, this group has no religious affiliation.

